

SUMMER GROUP PROGRAMS



Discovering stories of
possibility!

REGISTRATION:
780-977-4222
info@functionaltherapy.ca

Programs facilitated
by PT, OT or SLP may
be billable through
your benefits provider.

Social Sparks Ages 15-17 Tues & Thurs, July 7-30 1:30-3pm

This group, facilitated by a Speech-Language Pathologist (SLP), is specifically designed for neurodivergent teens who are starting to explore dating and are motivated to develop safe and meaningful relationship skills. Participants will work together to plan a mingle for their final day.

Through interactive activities and real-life scenario practice, participants will:

- Identify potential dating partners.
- Practice initiating and maintaining conversations.
- Learn skills for showing interest.
- Understand and practice informed consent.
- Navigate social media in a relationship context.
- Develop strategies for handling rejection.

COST: \$840

***Adapted More Than Words® – Parent Coaching**

Group Sessions: July 8, 15, 29 & Aug 5, 19, 26 – 5-7:30pm

Virtual Orientation: June 10, 5-6:30pm

****Goal Setting: June 24/25**

**** Video Feedback: July 22/23, Aug 12/13**

Facilitated by a Hanen Certified Speech-Language Pathologist (SLP)

The More Than Words Program empowers parents with practical, powerful strategies to support their child's communication and interaction skills during everyday routines and fun activities.

Parents will learn how to:

- Identify their child's current communication style and the next steps for progress.
- Incorporate their child's sensory preferences into engaging, enjoyable activities.
- Use child-led play to foster fun, back-and-forth interactions.
- Transform daily activities into valuable opportunities for communication development.
- Help their child better understand what is being said to them.
- Join in on their child's favourite activities to build communication skills while having fun together.

COST: \$1350

**The Hanen Program® for Parents of Autistic Children or Children Who May Benefit from Social Communication Support*

*** Families required to book 1hr session*

Every Body Yoga Adventures Ages 3-9 Aug 10-14 11:30am-12:30pm

This adapted yoga program for children with diverse needs is facilitated by a Physical Therapist (PT), with friends and siblings welcome to join. Classes use supports such as bolsters, blocks, cushions, and therapy balls to teach adapted yoga poses through music and yoga stories. Adaptations are individualized based on information provided before class. Communication devices, walkers, and wheelchairs are welcome. **COST: \$350**

Fine Motor Ages 5-7 July 7-10 or Aug 17-20 9:30-10:45am

This engaging group is facilitated by an Occupational Therapist (OT). Each session features fun, hands-on activities designed to strengthen fine motor skills, with a different focus area each class. Children will build confidence and independence in everyday tasks such as using utensils, managing clothing fasteners (even those PESKY buttons!), and developing foundational writing skills. **COST: \$350**

Self Regulation Squad Ages 9-12 Tuesdays, July 14 - Aug 11 9:30-11am

Facilitated by an Occupational Therapist (OT), this group supports the development of emotional literacy and self-regulation skills for children transitioning from co-regulation to greater independence. Participants will learn to recognize and understand their emotions, identify early body and emotional cues, and practice a variety of regulation strategies and tools. The group also focuses on building confidence, flexibility, and peer connection through structured, supportive activities and play. **COST: \$525**

Friendship Finders Ages 7-9 Thursdays, July 16 - Aug 13 9:30-11am

Facilitated by a Speech Language Pathologist (SLP), these weekly group sessions will focus on developing emotional awareness, practicing turn-taking, building early peer interaction skills, and encouraging active group participation. **COST: \$525**

A Friend Like Me Ages 6-12 Fridays, July 10-31 1-2:15pm

This group is facilitated by a Speech-Language Pathologist (SLP) and is designed to support early switch users in participating in group activities. Through engaging, interactive experiences, children will build confidence using switches for communication, play, and participation alongside peers. Siblings and family members are encouraged to join and participate.

COST: \$350



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**REGISTER
TODAY!**

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